

# COMPASS Program

Community Outreach and Maternal Postpartum Assistance by Student Support

The COMPASS program offers free postpartum doula support to Black, Brown, and other historically neglected families in Durham who are within 0-12 months of having given birth. The postpartum support is provided by trained graduate student volunteer doulas. Services are limited to Durham County Residents based on need.

## Services

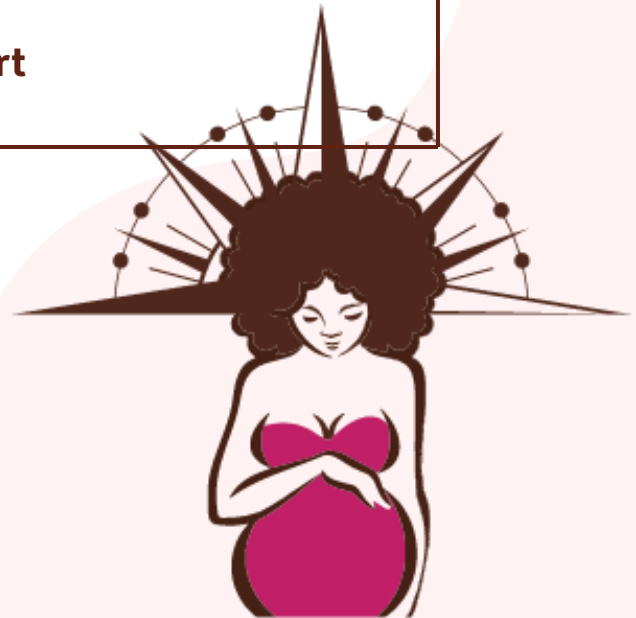
- 4 x 4-hour home visits with postpartum doula
- Access to additional MAAME services
  - Lactation Support
  - Mental Health Support
  - Perinatal Mutual aid

## Learn more/enroll:

Call: (919) 709-3120 ext. 2

Email: [compass@maameinc.org](mailto:compass@maameinc.org)

Instagram: [maameinc](https://www.instagram.com/maameinc)



**maame**

Mobilizing African American Mothers through Empowerment

## COMPASS

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