

ABC at CCFH

Building Stronger Families Together

The ABC Program at CCFH is growing!

ABC (Attachment & Biobehavioral Catch-up) is an in-home program for young children and their caregivers. With new parent coaches on the team and the launch of the RISE Study out of UNC*, CCFH is actively seeking ABC referrals.

ABC at CCFH is open to:

- **Families of children ages 6-48 months, English or Spanish-speaking**
As of August, 2024 we have IMMEDIATE OPENINGS for English-speaking families with children ages 18-48 months
- **Families living in Durham County and the surrounding region.**

~ There is **NO COST** or insurance requirement to participate in ABC~

Why ABC?

Over the course of ten weekly one-hour home visits, ABC strengthens parent-child relationships, enhances parenting skills, fosters child development, and creates positive changes that have been shown to last for years.

Who might benefit?

- **Infants and toddlers** whose crying, emotional outbursts, or tantrums can be hard to manage
- **Children** who have had an extended separation from caregivers or other highly stressful experiences in early childhood
- **Parents** who sometimes find it challenging to connect with their child
- **Families** who want to understand proven strategies to support their children's brain development

Learn more or sign up:

- **Parents or referring providers can fill out this brief [ABC Interest Form](#), or**
- **Call or text the ABC line: 919-213-0901**

For more information, visit:
nurturingdurhamnc.org/programs/abc

*The RISE Study will offer families of children 18-48 months and meeting other eligibility requirements the opportunity to receive ABC from CCFH parent coaches. In return for participation in ABC and completion of a comprehensive set of pre and post measures, families will also receive financial incentives. Contact Dina Gerber, dina.gerber@duke.edu to learn more.